

Variable	Description	Unit or Coding where applicable
ID	Participant Reference ID	
Gender	Gender	Female, Male
Gender_A	Gender	1: female, 2: male
Age	age	years
Height	Height (m)	meters
BM	Body Mass (kg)	kg
PP	Peak Power (W)	Watts
RPP	Relative Peak Power to body mass	W/kg
BSIc	Bone Strength Index compression	(mg/mm <sup>4</sup> )
SSI	Strength Strain Index, polar	(mm <sup>3</sup> )